# A long distance path of 190 miles

## Stage 2: Bridges to Bishop's Castle



The Shropshire Way from Bridges to Bishop's Castle will take you along paths and lanes travelled for thousands of years. This stage of the route is distinguished by rugged moorland and rough pastures providing panoramic views of the renowned Shropshire Hills.

#### Stiperstones

After some quiet lane walking from Bridges, the climb to the Stiperstones begins.

Whinberries are plentiful on these hills and visitors can enjoy whinberry deserts at the nearby Stiperstones Inn. The path meets the ridge at Shepherd's Rock and turns southwards with Cambrian quartzite rocks underfoot. Passing the **'Devil's Chair'** to more craggy outcrops, care is needed on this rough terrain. In wet conditions it is advisable to take an easier alternative route to the south east of Cranberry Rock. This leads to a car park on the road, re-joining the Shropshire Way at GR362976.

It is worth a short detour down to the **Bog Centre**. The building was once the school at the heart of a busy mining village. Lead has been mined in the area since Roman times and there is a small exhibition in the Bog Centre with illustrations of life in times past. Local volunteers run the excellent café with homemade cakes.

About 12 miles

Retracing your steps to the Shropshire Way, continue along the ridge and enjoy the views as you approach **Nipstone Rock**. A scramble up it provides the last vantage point looking northwards before turning downhill to the South East.

After toiling upwards across rough ground to the brow of Linley Hill a rewarding feature of the descent is a tree lined avenue known as Linley Beeches.

#### More

The hamlet of More has a rich history: the church and nearby historic houses. The path takes you across the grassy remains of a substantial motte and bailey earthwork dating back to the 12th Century.

### **Bishop's Castle**

You will enter the town at the top of the hill near the site of the original castle, built by a Bishop of Hereford in 12th Century. There are many timbered buildings and quirky features in this attractive market town. Refreshment and good hostelries can be found here.



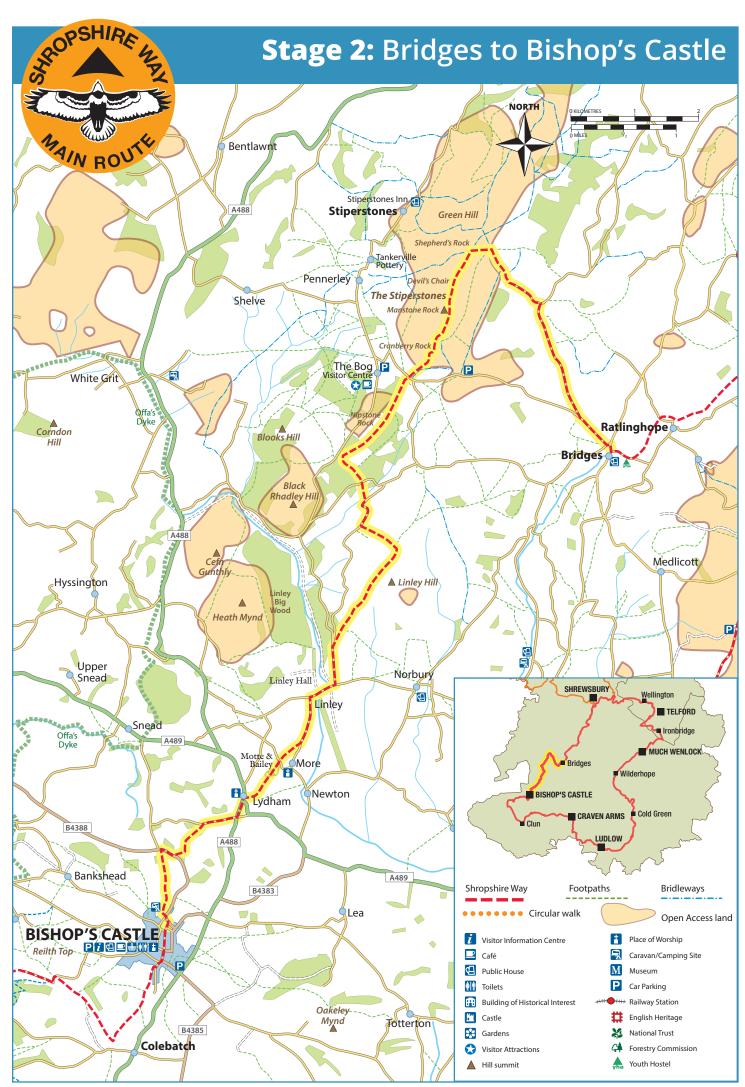








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